

- old age cripples life - sad story - every part of life hard
- a warning of what is to come
- loneliness, isolation, pain, - half-way split on p333
- BATH & GRAVE similar that bath vs nature.
- Inevitability of aging - nature unforgiving, indifferent.
- 1st person vs 3rd person
- afraid of being killed

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enjoyable / refreshing / object of torment

The Bath

(1983)

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New Zealand

experience universal
no name anonymity suggests loss of identity
everywoman

old lady @ graveyard
→ theme of death

On Friday afternoon she bought cut flowers - daffodils, anemones, a few twigs of a red-leaved shrub, wrapped in mauve waxed paper, for Saturday was the seventeenth anniversary of her husband's death and she planned to visit his grave, as she did each year, to weed it and put fresh flowers in the two jam jars standing one on each side of the tombstone. Her visit this year occupied her thoughts more than usual. She had bought the flowers to force herself to make the journey that each year became more hazardous, from the walk to the bus stop, the change of buses at the Octagon, to the bitterness of the winds blowing from the open sea across almost unsheltered rows of tombstones; and the tiredness that overcame her when it was time to return home when she longed to find a place beside the graves, in the soft grass, and fall asleep.

That evening she filled the coal bucket, stoked the fire. Her movements were slow and arduous, her back and shoulder gave her so much pain. She cooked her tea - liver and bacon - set her knife and fork on the tea towel she used as a tablecloth, turned up the volume of the polished red radio to listen to the Weather Report and the News, ate her tea, washed her dishes, then sat drowsing in the rocking chair by the fire, waiting for the water to get hot enough for a bath. Visits to the cemetery, the doctor, and to relatives, to stay, always demanded a bath. When she was sure that the water was hot enough (and her tea had been digested) she ventured from the kitchen through the cold passageway to the colder bathroom. She paused in the doorway to get used to the chill of the air then she walked slowly, feeling with each step the pain in her back, across to the bath, and though she knew that she was gradually losing the power in her hands she managed to wrench on the stiff cold and hot taps and half-fill the bath with warm water. How wasteful, she thought, that with the kitchen fire always burning during the past month of frost, and the water almost always hot, getting in and out of a bath had become such an effort that it was not possible to bath every night nor even every week!

She found a big towel, laid it ready over a chair, arranged the chair so that should difficulty arise as it had last time she bathed she would have some way of rescuing

→ temperature references
→ language of weather
→ danger of slipping
→ lists of activities
→ macro focus on bath
→ sympathy with clean unpleasant

escaping a hard memory
→ beautiful desire for remembrance
→ aging small scale desire

can't clean
→ unpleasant
→ corrupt degraded
→ ridiculous

v. long sentence
→ desire to rejoin his bond
→ capital letters show importance
→ human contract
→ Sioney

futile anti emergencies system

herself; then with her nightclothes warming on a page of newspaper inside the coal oven and her dressing-gown across the chair to be put on the instant she stepped from the bath, she undressed and pausing first to get her breath and clinging tightly to the slippery yellow-stained rim that now seemed more like the edge of a cliff with a deep drop below into the sea, slowly and painfully she climbed into the bath.

"I'll put on my nightie the instant I get out," she thought. The instant she got out indeed! She knew it would be more than a matter of instants yet she tried to think of it calmly, without dread, telling herself that when the time came she would be very careful, taking the process step by step, surprising her bad back and shoulder and her powerless wrists into performing feats they might usually rebel against, but the key to controlling them would be the surprise - the slow stealing up on them. With care, with thought, she attempted to reassemble her body, she attempted to reassemble her thoughts.

Sitting upright, not daring to lean back or lie down, she soaped herself, washing away the dirt of the past fortnight, seeing with satisfaction how it drifted about on the water as a sign that she was clean again. Then when her washing was completed she found herself looking for excuses not to try yet to climb out. Those old woman's finger nails, cracked and dry, where germs could lodge, would need to be scrubbed again; the skin of her heels, too, growing so hard that her feet might have been turning to stone; behind her ears where a thread of dirt lay in the rim; after all, she did not often have the luxury of a bath, did she? How warm it was! She drowsed a moment. If only she could fall asleep then wake to find herself in her nightdress in bed for the night! Slowly she rewashed her body, and when she knew she could no longer deceive herself into thinking she was not clean she reluctantly replaced the soap, brush and flannel in the groove at the side of the bath, feeling as she loosened her grip on them that all strength and support were ebbing from her. Quickly she seized the nail-brush again, but its magic had been used and was gone; it would not adopt the role she tried to urge upon it. The flannel too, and the soap, were frail flotsam to cling to in the hope of being borne to safety.

She was alone now. For a few moments she sat swilling the water against her skin, perhaps as a means of buoying up her courage. Then resolutely she pulled out the plug, sat feeling the tide swirl and scrape at her skin and flesh, trying to draw her down, down into the earth; then the bathwater was gone in a soapy gurgle and she was naked and shivering and had not yet made the attempt to get out of the bath.

How slippery the surface had become! In future she would not clean it with kerosene, she would use the paste cleaner that, left on overnight, gave the enamel rough patches that could be gripped with the skin.

She leaned forward, feeling the pain in her back and shoulder. She grasped the rim of the bath but her fingers slithered from it almost at once. She would not panic, she told herself; she would try gradually, carefully, to get out. Again she leaned forward; again her grip loosened as if iron bands had deliberately uncurred her stiffened blue fingers from their trembling hold. Her heart began to beat faster, her breath came more quickly, her mouth was dry. She moistened her lips. If I shout for help, she thought, no one will hear me. No one in the world will hear me. No one will know I'm in the bath and can't get out.

→ triple repetition
→ lonely isolation
→ first person
→ enhance the suggestion of panic and fear

foreshadow what is to come

careful medical plan spoils doesn't work

decrepit body disgusts aging lifelessness digg X pin

body rebels not what it used to be in control!

anaphora exposed

image of death extreme cold this an panic

inescapable doom

short sentences add speed

She listened. She could hear only the drip-drip of the cold water tap of the wash-basin, and a corresponding whisper and gurgle of her heart, as if it were beating under water. All else was silent. Where were the people, the traffic? Then she had a strange feeling of being under the earth, of a throbbing in her head like wheels going over the earth above her.

Then she told herself sternly that she must have no nonsense, that she had really not tried to get out of the bath. She had forgotten the strong solid chair and the grip she could get on it. If she made the effort quickly she could first take hold of both sides of the bath, pull herself up, then transfer her hold to the chair and thus pull herself out.

She tried to do this; she just failed to make the final effort. Pale now, gasping for breath, she sank back into the bath. She began to call out but as she had predicted, there was no answer. No one had heard her, no one in the houses or the street or Dunedin or the world knew that she was imprisoned. Loneliness welled in her. If John were here, she thought, if we were sharing our old age, helping each other, this would never have happened. She made another effort to get out. Again she failed. Faintness overcoming her she closed her eyes, trying to rest, then recovering and trying again and failing. She panicked and began to cry and strike the sides of the bath; it made a hollow sound like a wild drum-beat.

Then she stopped striking with her fists; she struggled again to get out; and for over half an hour she stayed alternately struggling and resting until at last she did succeed in climbing out and making her escape into the kitchen. She thought, I'll never take another bath in this house or anywhere. I never want to see that bath again. This is the end or the beginning of it. In future a district nurse will have to come to attend me. Submitting to that will be the first humiliation. There will be others, and others.

In bed at last she lay exhausted and lonely thinking that perhaps it might be better for her to die at once. The slow progression of difficulties was a kind of torture. There were her shoes that had to be made specially in a special shape or she could not walk. There were the times she had to call in a neighbour to fetch a pot of jam from the top shelf of her cupboard when it had been only a year ago that she herself had made the jam and put it on the shelf. Sometimes a niece came to fill the coal-bucket or mow the lawn. Every week there was the washing to be hung on the line - this required a special technique for she could not raise her arms without at the same time finding some support in the dizziness that overcame her. She remembered with a sense of the world narrowing and growing darker, like a tunnel, the incredulous almost despising look on the face of her niece when in answer to the comment

—How beautiful the clouds are in Dunedin! These big billowing white and grey clouds - don't you think, Auntie? → interactions with humans difficult

She had said, her disappointment at the misery of things putting a sharpness in her voice.

—I never look at the clouds. → hopeless focuses on earth connotation of fear

She wondered how long ago it was since she had been able to look up at the sky without reeling with dizziness. Now she did not dare look up. There was enough to attend to down and around - the cracks and hollows in the footpath, the patches of frost and ice and the potholes in the roads; the approaching cars and motorcycles; and now, after all the outside menaces, the inner menace of her own body. She had to be

lack of control → uncertainty of her own body.

easy if difficulty of her life losing possession over her body → distance

guardian now over her arms and legs, force them to do as she wanted when how easily and dutifully they had walked, moved and grasped, in the old days. They were the enemy now. It had been her body that showed treachery when she tried to get out of the bath. If she ever wanted to bath again - how strange it seemed! - she would have to ask another human being to help her to guard and control her own body. Was this so fearful? she wondered. Even if it were not, it seemed so.

She thought of the frost slowly hardening outside on the fences, roofs, windows and streets. She thought again of the terror of not being able to escape from the bath. She remembered her dead husband and the flowers she had bought to put on his grave. Then thinking again of the frost, its whiteness, white like a new bath of the anemones and daffodils and the twigs of the red-leaved shrub, of John dead seventeen years, she fell asleep while outside, within two hours, the frost began to melt with the warmth of a sudden wind blowing from the north, and the night grew warm, like a spring night, and in the morning the light came early, the sky was pale blue, the same warm wind as gentle as a mere breath, was blowing, and a narcissus had burst its bud in the front garden.

In all her years of visiting the cemetery she had never known the wind so mild. On an arm of the peninsula exposed to the winds from two stretches of sea, the cemetery had always been a place to crouch shivering in overcoat and scarf while the flowers were set on the grave and the narrow garden cleared of weeds. Today, everything was different. After all the frosts of the past month there was not a trace of chill in the air. The mildness and warmth were scarcely to be believed. The sea lay, violet-coloured, hush-hushing, turning and heaving, not breaking into foamy waves; it was one sinuous ripple from shore to horizon and its sound was the muted sound of distant forests of peace.

Picking up the rusted garden fork that she knew lay always in the grass of the next grave, long neglected, she set to work to clear away the twigs and other weeds, exposing the first bunch of dark blue primroses with yellow centres, a clump of autumn lilies, and the shoots six inches high, of daffodils. Then removing the green-shined jam jars from their grooves on each side of the tombstone she walked slowly, stiff from her crouching, to the ever-dripping tap at the end of the lawn path where, filling the jars with pebbles and water she rattled them up and down to try to clean them of slime. Then she ran the sparkling ice-cold water into the jars and balancing them carefully one in each hand she walked back to the grave where she shook the daffodils, anemones, red leaves from their waxed paper and dividing them put half in one jar, half in the other. The dark blue of the anemones swelled with a sea-colour as their heads rested against the red leaves. The daffodils were short-stemmed with big ragged rather than delicate trumpets - the type for blowing; and their scent was strong.

Finally, remembering the winds that raged from the sea she stuffed small pieces of the screwed-up waxed paper into the top of each jar so the flowers would not be carried away by the wind. Then with a feeling of satisfaction - I look after my husband's grave after seventeen years. The tombstone is not cracked or blown over, the garden has not sunk into a pool of clay. I look after my husband's grave - she began to

independence. be in present not stuck in P.S. successful → amazing PRIDE person present (proud) tense

mental strength weakness of body. inspires pathos, figure of sympathy, despair, helpless.

long period

walking is a very basic skill.

strength of slipping → malivol. strength of slipping objects.

scale of loneliness house, street, name, emphasis loneliness, + gives + emotion, empty, isolation, no success.

arduous. Repeat "struggle" "failed".

little hope domestic chore opening laundry from her body falling in.

pessimism closed world view.

immense air, nostalgia, 3rd person, other

mind vs body separate.

bath of grave, sides of bath. hope of nature, woman's lack of it.

increasing sense of optimism. → pathetic, peace, calm, cold bath, death arm.

new colours of strength, jump in time, unclear.

colour, life, stiff but not pain, lots of, pleasurable, of more, from.

fragile, vivacious.

accomplish, frustra.

switch to 1st person present tense.

